

VGNS CHILD SKILLS CHECKLIST

NAME: _____

D.O.B: _____

KEY: E = Emerging M = Mastered

DATE: _____

DATE: _____

PERSONAL/SOCIAL DEVELOPMENT 3 YEAR OLD CLASS	PERSONAL/SOCIAL DEVELOPMENT 4 YEAR OLD CLASS
E M 1. Easily separates from parents; caretakers	E M 1. Easily separates from parents; caretakers
E M 2. Recognizes own feelings & manages them appropriately	E M 2. Recognizes own feelings & manages them appropriately
E M 3. Seeks help from peers and/or adults	E M 3. Seeks help from peers and/or adults
E M 4. Participates in group activities _____large _____small	E M 4. Participates in group activities _____large _____small
E M 5. Selects activities without teacher's help	E M 5. Selects activities without teacher's help
E M 6. Sustains attention to task: _____individual _____group	E M 6. Sustains attention to task: _____individual _____group
E M 7. Follows classroom routine	E M 7. Follows classroom routine
E M 8. Follows classroom and playground rules	E M 8. Follows classroom and playground rules
E M 9. Plays or works cooperatively with one or more children: _____assigns roles _____takes roles	E M 9. Plays or works cooperatively with one or more children: _____assigns roles _____takes roles

PERSONAL CARE 3 YEAR OLD CLASS	PERSONAL CARE 4 YEAR OLD CLASS
E M 10. Practices personal hygiene (handwashing, toileting independently)	E M 10. Practices personal hygiene (handwashing, toileting independently)
E M 11. Uses self-help skills (put on coat, fasten clothes after toileting)	E M 11. Uses self-help skills (fill backpack, put on coat and fasten)

PHYSICAL DEVELOPMENT 3 YEAR OLD CLASS	PHYSICAL DEVELOPMENT 4 YEAR OLD CLASS
GROSS MOTOR (large muscles)	GROSS MOTOR (large muscles)
E M 12. Shows balance while moving (walking, running, jumping)	E M 12. Shows balance while moving (walking, running, jumping)
E M 13. Demonstrates basic locomotor skills (throw/catch/kick ball, hop on 1 foot)	E M 13. Demonstrates basic locomotor skills (throw/catch/kick ball, hop on 1 foot)

FINE MOTOR (small muscles)	FINE MOTOR (small muscles)
E M 14. Shows hand preference	E M 14. Shows hand preference
E M 15. Coordinates eye-hand movement	E M 15. Coordinates eye-hand movement
E M 16. Uses drawing/writing tools with control <i>Not assessed in 3 year old program</i>	E M 16. Uses drawing/writing tools with control
E M 17. Uses scissors comfortably <i>Not assessed in 3 year old program</i>	E M 17. Uses scissors comfortably

COGNITIVE DEVELOPMENT 3 YEAR OLD CLASS	COGNITIVE DEVELOPMENT 4 YEAR OLD CLASS
E M 18. Arranges objects in a series <i>Not assessed in 3 year old program</i>	E M 18. Arranges objects in a series
E M 19. Classifies objects	E M 19. Classifies objects
E M 20. Recognizes patterns and can repeat them <i>Not assessed in 3 year old program</i>	E M 20. Recognizes patterns and can repeat them
E M 21. Shows spatial awareness (top, bottom, behind, beside)	E M 21. Shows spatial awareness (top, bottom, behind, beside)
E M 22. Recognizes basic geometric shapes <i>Not assessed in 3 year old program</i>	E M 22. Recognizes basic geometric shapes
E M 23. Recognizes colors	E M 23. Recognizes colors
E M 24. Counts to 10 or more _____	E M 24. Counts to 10 or more _____
E M 25. Identifies/recognizes #s 1 through 10 <i>Not assessed in 3 year old program</i>	E M 25. Identifies/recognizes #s 1 through 10
E M 26. 1 to 1 correspondence	E M 26. 1 to 1 correspondence
E M 27. Can remember and follow a 2 or 3 step direction <i>Not assessed in 3 year old program</i>	E M 27. Can remember and follow a 2 or 3 step direction
E M 28. Knows address and phone number <i>Not assessed in 3 year old program</i>	E M 28. Knows address and phone number

LANGUAGE DEVELOPMENT 3 YEAR OLD CLASS	LANGUAGE DEVELOPMENT 4 YEAR OLD CLASS
<p style="text-align: center;">29. Actively participates in conversations:</p> <p>E M 1 to one with adult</p> <p>E M 1 to 1 with child</p> <p>E M in a large group</p>	<p style="text-align: center;">29. Actively participates in conversations:</p> <p>E M 1 to one with adult</p> <p>E M 1 to 1 with child</p> <p>E M in a large group</p>
<p>E M 30. Expresses self using words and expanded sentences</p>	<p>E M 30. Expresses self using words and expanded sentences</p>
<p>E M 31. Hears and discriminates the sounds of language (rhyming and/or alliteration) <i>Not assessed in 3 year old program</i></p>	<p>E M 31. Hears and discriminates the sounds of language (rhyming and/or alliteration)</p>
<p>E M 32. Demonstrates book awareness (Holds book upright, turns pages)</p>	<p>E M 32. Demonstrates book awareness (Holds book upright, turns pages)</p>
<p>E M 33. Retells information from a story</p>	<p>E M 33. Retells information from a story</p>
<p>E M 34. Understands the purpose of writing</p>	<p>E M 34. Understands the purpose of writing</p>
<p>E M 35. Recognizes some upper and/or lower case letters <i>Not assessed in 3 year old program</i></p>	<p>E M 35. Recognizes some upper and/or lower case letters</p>
<p>E M 36. Recognizes first name</p>	<p>E M 36. Recognizes first name</p>
<p>E M 37. Beginning to write recognizable letters and/or numbers <i>Not assessed in 3 year old program</i></p>	<p>E M 37. Beginning to write recognizable letters and/or numbers</p>

ADDITIONAL COMMENTS 3 YEAR OLD CLASS	ADDITIONAL COMMENTS 4 YEAR OLD CLASS